

Scan to download!





Hello, summer! Hello, savings!

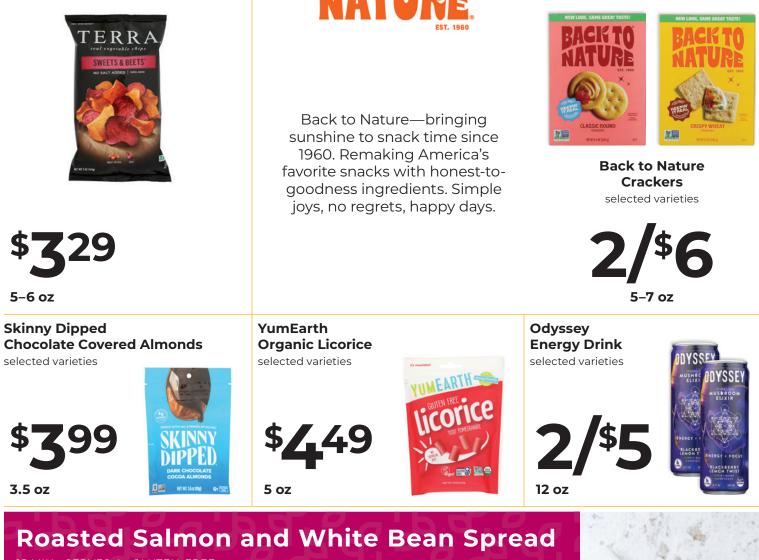
(\$)

71

Nixie **KIND Snacks C2O Organic Soda** Nut Bar **Coconut Water** selected varieties selected varieties selected varieties 12 oz 1.4 oz 17.5 oz cocojune Lilv's **Organic Valley Chocolate Bar Organic Coconut Yogurt Organic Sliced Cheese** selected varieties selected varieties selected varieties cocojune \$**<u>/</u>**99 cocojune 2.8-3 oz 6 oz 4 oz Manitoba Harvest Lightlife Gardein **Organic Hemp Hearts Organic Tempeh Plant-Based Meat** Light selected varieties selected varieties HEMP EARTS 12 oz 8 oz 8.1-13.7 oz

Look for new deals on June 25!

Terra Chips Vegetable Chips selected varieties



15 MIN · SERVES 4 · GLUTEN-FREE

INGREDIENTS

- 1 15-ounce can white beans, drained and rinsed
- 4 tablespoons olive oil, divided
- 2 tablespoons lemon juice
- 2 large garlic cloves, minced
- ½ teaspoon sea salt¼ teaspoon coarse ground
- black pepper 4-6 ounces smoked trout or
- 4-6 ounces smoked trout or smoked salmon, flaked

DIRECTIONS

- 1 In a food processor combine beans, olive oil, lemon juice, garlic, salt, and pepper. Run processor until mixture is smooth.
- **2** Spread bean mixture onto a service plate creating swirls. Drizzle on remaining olive oil and top with flaked smoked fish, fresh herbs, and capers.
- **3** Serve with crackers or sliced artisan bread.

- 2 tablespoons chopped chives 2 tablespoons fresh oregano leaves or ¼ teaspoon dried
- oregano 1 tablespoon capers, drained
- Crackers or bread to serve

Eternal **Naturally Alkaline Spring Water**



Spreading integrity since 1976, Once Again is a 100% employee-owned company that produces clean ingredient nut & seed butters and snacks. Our passionate employee owners take pride in fueling healthy lifestyles with small-batch, high-quality products crafted as close to homemade as possible.

GT's

CocoYo

8 oz

Solgar

Gentle Iron

90 vcap

60 GENTLE IRON

25 MG

selected varieties



Once Again Organic Peanut Butter selected varieties



Once Again **Organic Tahini**



16 oz

Green Valley

16 oz





Jolly Llama **Frozen Dessert Cones** selected varieties





Every Man Jack Deodorant selected varieties







3 oz







Organic Lactose Free

8 oz

Ancient Nutrition Multi Collagen Protein Powder

selected varieties





Natural Factors Stress-Relax Tranquil Sleep Chewable



60 tab



Prices & varieties may vary by location. Some items or varieties may not be available at all stores or on the same days during the promotion window.









Mango Relish Dogs

15 MIN • MAKES 6 • VEGAN

INGREDIENTS

cup sweet pickle relish
cup mango chutney
teaspoon rice vinegar
teaspoon dry mustard powder
teaspoon chili flakes
teaspoon curry powder
plant-based classic smoked hot dogs
hot dog buns
small red onion, julienned
cup plant-based mayo

DIRECTIONS

- Combine all relish ingredients in a bowl and adjust seasoning to taste.
- **2** Butterfly hot dogs and sear each side in a hot skillet with olive oil until golden crisp, approximately three minutes per side. Alternatively, grill hot dogs.
- **3** To assemble, place hot dogs in buns then fill with relish. Drizzle on mayo and garnish with red onion.



Proud member of INFRA.

As part of the Independent Natural Food Retailers Association, we're able to provide you with savings on the food you love as well as collaborate to achieve important goals of increasing sustainability and addressing climate change.

INFRA Deals are available at participating Independent Natural Food Retailers Association member store locations.

For more information and a complete listing, please visit **www.naturalfoodretailers.com** or scan this code.

